# Child and Adult Care Food Program (CACFP) Training Packet and Handbook Emergency Shelters FY 2017



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http://education.ky.gov/federal/SCN/Pages/CACFPHomepage.aspx

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To file a program complaint of discrimination, complete the <u>USDA Program Discrimination Complaint Form</u>, (AD-3027) found online at: <a href="http://www.ascr.usda.gov/complaint\_filing\_cust.html">http://www.ascr.usda.gov/complaint\_filing\_cust.html</a>, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

(1) mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410;

(2) fax: (202) 690-7442; or

(3) email: program.intake@usda.gov.

This institution is an equal opportunity provider."

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#### **Child and Adult Care Food Program**

Emergency shelters that participate in CACFP provide residential and food services to children experiencing homelessness. To be eligible, the shelter must be a public or private nonprofit institution or a temporary residential site sponsored by a public or private nonprofit agency.

CACFP serves children, including teenagers 18 and younger, who are emergency shelter residents. Persons with disabilities, regardless of their age, may also receive CACFP meals at the shelters where they reside if the majority of enrollees are age 18 or under.

Section 17(t)(5)(A)(ii) of the NSLA (42 U.S.C. 1766(t)(5)(A)(ii)) specifies that Emergency Shelters may be approved to serve up to three reimbursable meals—breakfast, lunch, and supper—or two meals and one snack, to each child, each day, on weekdays and weekends. https://www.fns.usda.gov/sites/default/files/1999-3-30.pdf

Only meals served in a congregate setting will be reimbursed. Meals served in family units or in personal rooms will not be reimbursed. The only exception is infant meals. Documentation that the meal pattern requirements were met can be achieved by utilizing the standard infant menu found in this handbook or a site specific infant menu.

All participants are eligible for meals at the free meal reimbursement rate.

For more information:

https://www.fns.usda.gov/cacfp/emergency-shelters

http://www.fns.usda.gov/sites/default/files/1999-3-30.pdf

Note: All criteria listed above may not apply to every organization

#### **Federal Requirements**

Federal regulations at **7 CFR Part 226** require institutions participating in the Child and Adult Care Food Program to maintain supporting documentation for submitted claims.

These regulations can be found at: <a href="http://www.fns.usda.gov/cacfp/regulations">http://www.fns.usda.gov/cacfp/regulations</a>

#### Record Keeping Responsibilities of Institutions and Sponsoring Organizations

Institutions and Sponsoring Organizations must maintain all CACFP sponsor and site records on file for a minimum of 3 years plus the current year. These records must accurately reflect program operations.

Sponsoring Organizations must disperse reimbursements to participating sites within 5 days of receiving payment.

Site records for the current program year should be assembled and filed, along with a corresponding copy of the Report and Claim for Reimbursement, at the institution's or Sponsoring Organization's main office.

Records for the current year must be readily available for review at each site. Institutions should assign responsibility for maintaining daily records to specific staff.

The following records are used to justify reimbursement and must be maintained on file for a minimum of 3 years plus the current year:

- 1. Attendance Records with participant's name, period of residency and date of birth
- 2. Record of Meals Served 17-9
- 3. Program Costs documentation including Receipts, Invoices, Catering Delivery Tickets and Proof of Program Labor
- 4. CACFP Menu Records

Failure to maintain any of the records listed above may result in the recovery of meal reimbursements.  $[7 \ CFR \ 226.10(d)]$ 

#### **CACFP Folder System**

The folder system was designed by the State Agency as an effective way of managing the records necessary for meal reimbursement. All institutions are encouraged to have the following labeled folders for each fiscal year:

- 1. Permanent Agreement (Transferred from previous year to current)
- 2. In service Training/Monitor Reviews (if applicable) and Procurement (if applicable)
- 3. Monthly folders (October September) for each month of the federal fiscal year beginning with October. The following items are to be filed monthly in each folder:
  - 1. Copy of the Claim for Reimbursement
  - 2. Daily Attendance Records
  - 3. CACFP Menu Records
  - 4. Record of Meals Served (Form 17-9)
  - 5. Record of Expenditures (17-8)
  - 6. Food and non-food bills, receipts, invoices (must be original, dated and itemized, and include the store and/or vendor name) and Catering Delivery Tickets (if applicable)
  - 7. Personnel Activity Report Forms and/or Paycheck Stubs of full-time cook(s) (if applicable)

#### **Civil Rights Compliance**

The goal of Civil Rights is to ensure that Child Nutrition Program benefits are made available and provided to all eligible individuals without discrimination.

**Discrimination** is defined as distinguishing a person, or group of people, either in favor of or against others intentionally and doing so by neglect or by actions or by lack of actions based on the six protected classes. **The six protected classes** associated with the Child and Adult Care Food Program are race, color, national origin, sex, age and disability.

#### USDA regulations outline the following areas of Civil Rights compliance in CACFP:

#### 1. Public Notification System (PNS)

#### a. News Release:

• Effective October 1, 2016 the State Agency will publish the News Release on behalf of the Sponsors. It is no longer a requirement for existing institutions/sponsoring organizations.

#### b. "And Justice For All" poster

- The poster contains the non-discrimination statement and contact information for filing a civil rights complaint.
- The poster must be displayed in a prominent place in every site and every sponsoring organization office. The main entrance is ideal for placement.
- The poster should be displayed on 11x17 paper if possible. If not, 11x14 is acceptable or 8 1/2x11 as a last resort.
- The poster can be downloaded and printed from:
   <a href="http://www.fns.usda.gov/cr/and-justice-all-posters">http://www.fns.usda.gov/cr/and-justice-all-posters</a>

#### c. Non-Discrimination Statement

- The statement in its entirety is required on all materials where the CACFP is referenced. Such as, but not limited to, promotional literature, parent handbooks and websites.
- On a website, the statement can be listed in its entirety or the following hyperlink can be referenced: http://education.ky.gov/federal/SCN/Pages/USDANondiscriminationStatement.aspx
- Institutions and sponsoring organizations must convey the message of equal opportunity in all photographic and other graphics used to provide program information.

#### \*\* The Non-Discrimination Statement is displayed below\*\*

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the <u>USDA Program Discrimination Complaint Form</u>, (AD-3027) found online at: <a href="http://www.ascr.usda.gov/complaint\_filing\_cust.html">http://www.ascr.usda.gov/complaint\_filing\_cust.html</a>, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

(1) mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410;

(2) fax: (202) 690-7442; or

(3) email: program.intake@usda.gov.

This institution is an equal opportunity provider.

#### d. Language Barriers/Limited English Proficiency (LEP)

• All institutions must have the capability of providing informational materials concerning the availability and nutritional benefits of the Child and Adult Care Food Program in the appropriate translation, as well as the procedures for filing a discrimination complaint. This link provides translations for CACFP materials: <a href="http://www.fns.usda.gov/documents-available-other-languages">http://www.fns.usda.gov/documents-available-other-languages</a>

#### 2. Data Collection

- Ethnic and racial data for each site must be documented annually in the Sponsor Application if an Independent Institution or within the Monitor Review Form if a Sponsoring Organization as part of the initial and annual renewal process
- Institutions must maintain the data documentation for 3 years plus current year
- The collection of racial and ethnic data allows institutions and sponsoring organizations and the state agency to determine how effectively the program is reaching the diversity of a population and if outreach is needed

#### 3. Mandatory Civil Rights Training

- Institutions and sponsoring organizations must provide Civil Rights training to all "key staff" involved in their program
- Training is required **prior** to the start of any program duties; training is ongoing as staff, volunteers and contractors are hired throughout the fiscal year
- Staff, volunteers and contractors must be trained annually (within four weeks of the institutions or sponsoring organizations annual training)
- New institutions are sponsoring organizations must conduct training with key staff within the first four weeks of program participation
- Institutions and sponsoring organizations are required by regulation to document civil rights training efforts. The In-Service Training form on the State Agency website is a helpful tool to document training.

A Civil Rights training video is available on the State Agency website: http://education.ky.gov/federal/SCN/Pages/CIVIL-RIGHTS.aspx

#### 4. Civil Rights Grievance Procedure

- Make grievance procedure forms accessible and inform staff of location
- Accept either written or verbal grievances
- Never impede anyone's ability to file
- Forward grievance forms to the state agency within 3 days

#### **Participant Rights**

- Knowledge of all non-discrimination information
- How to file a claim if they believe their civil rights have been violated
- May file a claim up to 180 days following an alleged action or incident

#### KENTUCKY DEPARTMENT OF EDUCATION

#### Division of School and Community Nutrition Civil Rights Grievance Report Procedures

In accordance with FNS Instruction 113-1, the
(Institution /Sponsoring Organization) provides a grievance procedure in the event a person believes he/she or their
enrolled participant has been discriminated against and/or denied service on the basis of race, color, national origin,
sex, age or disability in the food service program provided by the
(Institution/Sponsoring Organization).

#### GENERAL INSTRUCTIONS

All complaints, written or verbal, alleging discrimination on the basis of race, color, national origin, sex, age or disability shall be processed within ninety (90) days of receipt in the manner prescribed in this instruction.

#### **Procedure for Filing Complaints of Discrimination**

#### 1. Right to File a Complaint

Any person alleging discrimination based on race, color, national origin, sex, age or disability has a right to file a complaint within 180 days of the alleged discriminatory action. Under special circumstances this time limit may be extended.

#### 2. Acceptance

All complaints, written or verbal, shall be accepted by the Division of Nutrition and Health Services and forwarded to the SERO-USDA. It is necessary that the submitted information be sufficient to determine the identity of the agency or individual toward which the complaint is directed, and to indicate the possibility of a violation. Anonymous complaints shall be handled as any other complaint.

#### 3. Verbal Complaints

In the event that a complainant makes the allegation verbally or through a telephone conversation and refuses or is not inclined to place such allegations in writing, the entity to whom the allegations are made shall write up the elements of the complaint for the complainant. Every effort shall be made to have the complainant provide the following information:

- a. Name, address, telephone number, or means of contacting the complainant.
- b. The specific location and name of the entity delivering the program, service, or benefit.
- c. The nature of the incident(s) or action(s) that led the complainant to believe discrimination was a factor.
- d. The basis on which the complainant feels discrimination exists (race, color, national origin, sex, age, disability)
- e. The names, titles and addresses of the persons who may have knowledge of the discriminatory action(s).
- f. The date(s) during which the alleged discriminatory action occurred, or if continuing, the duration of such actions.

#### **Civil Rights Grievance Report Form**

(Complainant Section)

Name	Date	_
Address	Phone	
If your grievance concerns a discriminatory action due to race, color, nefull details concerning the occurrence.		be very specific and give
State the reason(s) you are filing this grievance report.		
		_
		_
		<u> </u>
		_
What response did you receive from the institution representative	during the alleged occurrence?	
		_
What results are you seeking from this communication?		
		_
Signature of Complainant	Date	_

"In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the <u>USDA Program Discrimination Complaint Form</u>, (AD-3027) found online at: <a href="http://www.ascr.usda.gov/complaint\_filing\_cust.html">http://www.ascr.usda.gov/complaint\_filing\_cust.html</a>, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

(1) mail: U.S. Department of Agriculture

Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW

Washington, D.C. 20250-9410;

(2) fax: (202) 690-7442; or

(3) email: program.intake@usda.gov.

This institution is an equal opportunity provider."

FNS 113-1

#### **Civil Rights Grievance Report Form** (Sponsor Section)

Information on person filing grievance: (Complainant)	
Name	
Address	
Telephone Number	
Date Received by Institution OR Sponsoring Organization	-
Director's Name	
Date forwarded to KDE	
RESOLUTION/COMMENTS:	_
	_
	_
	_
	_
	_
	_
	_
Signature of Institution or Sponsoring Organization Representative Date	

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: http://www.ascr.usda.gov/complaint\_filing\_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

mail: U.S. Department of Agriculture

Office of the Assistant Secretary for Civil Rights

1400 Independence Avenue, SW

Washington, D.C. 20250-9410;

fax: (202) 690-7442; or (2)

email: program.intake@usda.gov.

This institution is an equal opportunity provider."

FNS 113-1

#### **Institutions and Sponsoring Organizations In-Service Training Documentation**

Institutions and Sponsoring Organizations must conduct and document training with key staff regarding Child and Adult Care Food Program requirements within **four** weeks of attendance at State Agency training. New institutions and sponsoring organizations *must conduct training with key staff within the first four weeks of program participation*. Documentation of the training may be recorded on the IN-SERVICE TRAINING FORM.

7 CFR 226.16 (d)(2-3) states: "Training on Program duties and responsibilities to key staff from all sponsored facilities prior to the beginning of Program operations. At a minimum, such training must include instruction, appropriate to the level of staff experience and duties, on the program's meal patterns, meals counts, claim submission and review procedures, record keeping requirements, and the reimbursement system. Attendance by the key staff as defined by the State agency is mandatory.

Additional mandatory training sessions for key staff from all sponsored child care and adult care facilities not less frequently than annually. At a minimum, such training must include instruction, appropriate to the level of staff experience and duties on the programs meal patterns, meal counts, claim submission and review procedures, record keeping requirements, and reimbursement system. Attendance by key staff, as defined by the state agency, is mandatory."

The Kentucky CACFP State Agency defines "Key Staff" as any staff member with primary responsibility for the operation of the CACFP and/or maintenance of the records that support the monthly claim for reimbursement and compliance with any CACFP requirement. This includes staff members who have monitoring responsibilities along with staff, volunteers or contractors.

#### <u>In addition to mandatory Civil Rights Training, the State Agency recommends the following training topics:</u>

- 1. Meal pattern requirements (necessary food components and proper portion sizes to be served at each meal as illustrated on the Food Chart)
- 2. Meal counts (requirement that staff conduct the meal count at the time of each meal service and document the number of meals served on Record of Meals Served Form 17-9)
- 3. Attendance records
- 4. Menus (Participant and Infant)
- 5. Personnel Activity Reports (for Staff)
- 6. Other records required by the Child and Adult Care Food Program (CACFP), the United States Department of Agriculture (USDA) and the State Agency

#### **Reminders:**

- Ongoing training should be conducted and documented as the institution hires new staff throughout the fiscal year
- New staff must be trained within the 1<sup>st</sup> week of employment.
- New staff must complete the In-Service Training form upon receiving training
- Any staff conducting in-service training must have completed training on CACFP policies and procedures

#### **CACFP Instructions for Completing the In-Service Training Registration Form**

- 1. Fill in the Date, Name of Institution, Location of training and Training Conducted by.
- 2. Mark the boxes next to the topics covered at the training (*Civil Rights is mandatory*). Mark the boxes and list any additional topics covered.
- 3. Have participants print name, sign name, list their title and write the name of the center they are associated with under the Site Name column.
- 4. Attach additional pages if needed.
- 5. The trainer must sign and date the form.
- 6. File the In-Service Training form in the CACFP folder labeled "In-Service Training".

# Kentucky Department of Education Division of School and Community Nutrition Sponsor In-Service Training Documentation REGISTRATION FORM

<b>Name of Institution</b>	;							
Location:								
<b>Training Conducted</b>	d by:							
Topics Covered: (Check all that apply)	s Covered:   Civil Rights (Mandatory)							
Didin			G'4. N					
Printed Name 1.	Signature	Title	Site Name					
2.								
3.								
4.								
5.								
6.								
7.								
8.								
9.								
10.								
*Please add an addi: I certify that the above	tional page for more Train we topics have been discuss	ning Participants sed with the personnel listed on the	date indicated.					
Trainer's Signature	2	Date						

#### MENUS 7 CFR 226.15 (e) 10

Institutions are responsible for purchasing and preparing adequate amounts of each meal component for the number of children claimed during the meal service. **All institutions are required to keep Menu Records.** Menu Record templates are available on the State Agency website.

- Menus must be dated
- Menus must document the foods prepared and served to participants, ensuring the meal pattern requirements have been met
- Menus must support the documentation of food purchases and costs. Foods recorded on the menu should be cross-referenced with the purchases on food receipts/invoices
- Menus must be available, complete and support food purchases. Otherwise, the reimbursement will be recovered
- When listing food items on the menu, the institution should specify the type (i.e. fresh, frozen, canned, and homemade).

The USDA Food Crediting and Food Buying Guides instruct institutions regarding which foods are creditable and how much food should be purchased/prepared for reimbursable meals.

Food Crediting Guide: http://www.fns.usda.gov/sites/default/files/CACFP\_creditinghandbook.pdf

Food Buying Guide: <a href="http://fbg.nfsmi.org/">http://fbg.nfsmi.org/</a>

#### **Catered Meals**

The Catering Guidance Handbook is available on the State Agency website: http://education.ky.gov/federal/SCN/Pages/Catering-Resources.aspx

#### Water

In accordance with FNS Policy Memo CACFP 20-2016, child care centers must make water available to children upon request throughout the day, including meal times. Water does not have to be available for children to self-serve. In addition to making water available, child care centers must also offer water to children throughout the day.

#### **Field Trips**

- Check with the local health department and Licensure to ensure they approve of the planned field trip
- Notify the Sponsoring Organization or KDE (whichever is appropriate) in writing (email) of the dates/times the children will be out of the center
- Update the menu to reflect any changes in the meal being served on the field trip
- Keep required documentation, such as meals counts

#### Child and Adult Care Food Program Meal Patterns for Children

This chart lists the amounts and types of food to be served to children one year and older.

Breakfast (Select all three components for a reimbursable meal)								
Food Components and Food Items <sup>1</sup>	Ages 1-2	Ages 3-5	Ages 6-12	Ages 13-18 <sup>2</sup> (at-risk afterschool programs and emergency shelters)				
Fluid Milk <sup>3</sup>	4 fluid ounces	6 fluid ounces	8 fluid ounces	8 fluid ounces				
Vegetables, fruits, or portions of both <sup>4</sup>	¹⁄4 cup	½ cup	½ cup	½ cup				
Grains 5,6,7				,				
Whole grain-rich or enriched bread	½ slice	½ slice	1 slice	1 slice				
Whole grain-rich or enriched bread product, such as biscuit, roll or muffin	½ serving	½ serving	1 serving	1 serving				
Whole grain-rich, enriched or fortified cooked breakfast cereal <sup>8</sup> , cereal grain, and/or pasta	¹⁄4 cup	¹⁄4 cup	½ cup	½ cup				
Whole grain-rich, enriched or fortified ready-to-eat breakfast cereal (dry, cold) <sup>8,9</sup>								
Flakes or rounds	½ cup	½ cup	1 cup	1 cup				
Puffed cereal	3/4 cup	<sup>3</sup> / <sub>4</sub> cup	1 ¼ cup	1 ¼ cup				
Granola	½ cup	½ cup	½ cup	¹⁄₄ cup				

- 1 Must serve all three components for a reimbursable meal.
- 2 Larger portion sizes than specified may need to be served to children 13 through 18 years old to meet their nutritional needs.
- 3 Must be unflavored whole milk for children age one. Must be unflavored low-fat (1 percent) or unflavored fat-free (skim) milk for children two through five years old. Must be unflavored low-fat (1 percent), unflavored fat-free (skim), or flavored fat-free (skim) milk for children six years old and older and adults.
- 4 Pasteurized full-strength juice may only be used to meet the vegetable or fruit requirement at one meal, including snack, per day. Juice served to infants is not creditable.
- 5 At least one serving per day, across all eating occasions, must be whole grain-rich. Grain-based desserts do not count towards meeting the grains requirement.
- 6 Meat and meat alternates may be used to meet the entire grains requirement a maximum of three times a week. One ounce of meat and meat alternates is equal to one ounce equivalent of grains.
- 8 Breakfast cereals must contain no more than 6 grams of sugar per dry ounce (no more than 21 grams sucrose and other sugars per 100 grams of dry cereal).
- 9 Beginning October 1, 2019, the minimum serving size specified in this section for ready-to-eat breakfast cereals must be served. Until October 1, 2019, the minimum serving size for any type of ready-to-eat breakfast cereals is ¼ cup for children ages 1-2; 1/3 cup for children ages 3-5; ¾ cup for children 6-12; and 1 ½ cups for adults.

7 CFR 226.20

Lunch and Supper									
(Select all five components for a reimbursable meal)									
Food Components and Food Items <sup>1</sup>	Ages 1-2	Ages 3-5	Ages 6-12	Ages 13-18 <sup>2</sup>					
_				(at-risk afterschool					
				programs and					
				emergency					
				shelters)					
Fluid Milk <sup>3</sup>	4 fluid ounces	6 fluid ounces	8 fluid ounces	8 fluid ounces					
Meat/meat alternates		T		1					
Lean meat, poultry, or fish	1 ounce	1 ½ ounce	2 ounces	2 ounces					
Tofu, soy product, or alternate protein products <sup>4</sup>	1 ounce	1 ½ ounce	2 ounces	2 ounces					
Cheese	1 ounce	1 ½ ounce	2 ounces	2 ounces					
Large egg	1/2	3/4	1	1					
Cooked dry beans or peas	¹⁄₄ cup	³⁄8 cup	½ cup	¹⁄₂ cup					
Peanut butter or soy nut									
butter or other nut or seed butters	2 tbsp.	3 tbsp.	4 tbsp.	4 tbsp.					
Yogurt, plain or flavored	4 ounces or	6 ounces or	8 ounces or 1	8 ounces or 1					
unsweetened or sweetened <sup>5</sup>	½ cup	3/4 cup	cup	cup					
The following may be used to meet no more than 50% of the requirement:  Peanuts, soy nuts, tree nuts, or seeds, as listed in program guidance, or an equivalent quantity of any combination of the above meat/meat alternates (1 ounces of nuts/seeds = 1 ounce of cooked lean meat, poultry, or fish)	½ ounce = 50%	3/4 ounce = 50%	1 ounce = 50%	1 ounce = 50%					
Vegetables <sup>6</sup>	½ cup	¹⁄4 cup	½ cup	½ cup					
Fruits6,7	½ cup	½ cup	¹⁄₄ cup	¹⁄4 cup					
Grains 8,9		T		1					
Whole grain-rich or enriched bread	½ slice	½ slice	1 slice	1 slice					
Whole grain-rich or enriched bread product, such as biscuit, roll or muffin	½ serving	½ serving	1 serving	1 serving					
Whole grain-rich, enriched or fortified cooked breakfast cereal 10, cereal grain, and/or pasta	¹⁄₄ cup	¹⁄₄ cup	½ cup	½ cup					

- 1. Must serve all five components for a reimbursable meal. Larger portion sizes than specified may need to be served to children 13 through 18 years old to meet their nutritional needs.
- 2. Must be unflavored whole milk for children age one. Must be unflavored low-fat (1 percent) or unflavored fat-free (skim) milk for children two through five years old. Must be unflavored low-fat (1 percent), unflavored fat-free (skim), or flavored fat-free (skim) milk for children six years old and older and adults.
- 3. Alternate protein products must meet the requirements in Appendix A to Part 226.
- 4. Yogurt must contain no more than 23 grams of total sugars per 6 ounces.
- 5. Pasteurized full-strength juice may only be used to meet the vegetable or fruit requirement at one meal, including snack, per day.
- 6. A vegetable may be used to meet the entire fruit requirement. When two vegetables are served at lunch or supper, two different kinds of vegetables must be served.
- 7. At least one serving per day, across all eating occasions, must be whole grain-rich. Grain-based desserts do not count towards the grains requirement.
- 8. Breakfast cereals must contain no more than 6 grams of sugar per dry ounce (no more than 21 grams sucrose and other sugars per 100 grams of dry cereal).

Snack								
(Select two of	the five compone	nts for a reimbu	rsable snack)					
Food Components and Food Items <sup>1</sup>	Ages 1-2	Ages 3-5	Ages 6-12	Ages 13-18 <sup>2</sup> (at-risk afterschool programs and emergency shelters)				
Fluid Milk <sup>2</sup>	4 fluid ounces	4 fluid ounces	8 fluid ounces	8 fluid ounces				
Meat/meat alternates								
Lean meat, poultry, or fish	½ ounce	½ ounce	1 ounce	1 ounce				
Tofu, soy product, or alternate protein products <sup>1</sup>	½ ounce	½ ounce	1 ounce	1 ounce				
Cheese	½ ounce	½ ounce	1 ounce	1 ounce				
Large egg	1/2	1/2	1/2	1/2				
Cooked dry beans or peas	½ cup	½ cup	¼ cup	⅓ cup				
Peanut butter or soy nut butter or other nut or seed butters	1 tbsp.	1 tbsp.	2 tbsp.	2 tbsp.				
Yogurt, plain or flavored unsweetened or sweetened <sup>5</sup>	2 ounces or ½ cup	2 ounces or <sup>1</sup> / <sub>4</sub> cup	4 ounces or ½ cup	4 ounces or ½ cup				
Peanuts, soy nuts, tree nuts, or seeds	½ ounce	½ ounce	1 ounce	1 ounce				
Vegetables <sup>6</sup>	½ cup	½ cup	3⁄4 cup	<sup>3</sup> / <sub>4</sub> cup				
Fruits <sup>6</sup>	½ cup	½ cup	<sup>3</sup> / <sub>4</sub> cup	3⁄4 cup				
Grains <sup>7,8</sup>								
Whole grain-rich or enriched bread	½ slice	½ slice	1 slice	1 slice				
Whole grain-rich or enriched bread product, such as biscuit, roll or muffin	½ serving	½ serving	1 serving	1 serving				
Whole grain-rich, enriched or fortified cooked breakfast cereal <sup>9</sup> , cereal grain, and/or pasta	¹⁄₄ cup	¹⁄₄ cup	½ cup	½ cup				
Whole grain-rich, enriched or fortified ready-to-eat breakfast cereal (dry, cold) <sup>9,10</sup>								
Flakes or rounds	½ cup	½ cup	1 cup	1 cup				
Puffed cereal	3⁄4 cup	3⁄4 cup	1 ¼ cup	1 ¼ cup				
Granola	½ cup	½ cup	¼ cup	½ cup				

- 1. Select two of the five components for a reimbursable snack. Only one of the two components may be a beverage.
- 2. Larger portion sizes than specified may need to be served to children 13 through 18 years old to meet their nutritional needs.
- 3. Must be unflavored whole milk for children age one. Must be unflavored low-fat (1 percent) or unflavored fat-free (skim) milk for children two through five years old. Must be unflavored low-fat (1 percent), unflavored fat-free (skim), or flavored fat-free (skim) milk for children six years old and older and adults.
- 4. Alternate protein products must meet the requirements in Appendix A to Part 226.
- 5. Yogurt must contain no more than 23 grams of total sugars per 6 ounces.
- 6. Pasteurized full-strength juice may only be used to meet the vegetable or fruit requirement at one meal, including snack, per day.
- 7. At least one serving per day, across all eating occasions, must be whole grain-rich. Grain-based desserts do not count towards meeting the grains requirement.
- 9. Breakfast cereals must contain no more than 6 grams of sugar per dry ounce (no more than 21 grams sucrose and other sugars per 100 grams of dry cereal).

#### **Updated Meal Pattern Requirements for Children and Adults**

#### **Milk**

8.

- The appropriate type of milk is listed for each age group:
  - Age 1 year: Unflavored whole milk;
  - o Ages 2-5 years: Unflavored low-fat (1%) or fat-free milk; and
  - o Ages 6-18 years and Adults: Unflavored low-fat (1%), unflavored fat-free, or flavored fat-free milk.

#### Meat/Meat Alternatives

- Meat/meat alternates may replace the entire grains component at breakfast a maximum of three times per week.
- Yogurt contains no more than 23 grams of sugar per 6 ounces.
- Tofu and soy yogurt may be served as a meat alternate.

#### Fruits/Vegetables

- A vegetable and fruit must be served during lunch and supper meals. The fruit component may be substituted
  for a vegetable at lunch and supper meals; when two vegetables are served, they are two different kinds of
  vegetables.
- Juice is limited to once per day for ages 1 year old and up.

#### **Grains**

- At least one serving of grains per day must be whole grain-rich.
- Breakfast cereals contain no more than 6 grams of sugar per dry ounce.
- No grain-based desserts are included on the menu.

#### No food items are allowed to be deep-fat fried on-site.

#### **Breakfast Meal Patterns**

	Ages 1-2		Ages	Ages 3-5		Ages 6-12 & 13-18		Adults	
	Previous	Updated	Previous	Updated	Previous	Updated	Previous	Updated	
Milk	½ cup	½ cup	¾ cup	¾ cup	1 cup	1 cup	1 cup	1 cup	
Vegetables, fruit, or both	¼ cup	¼ cup	½ cup	½ cup	½ cup	½ cup	½ cup	½ cup	
Grains	1/2 serving	½ oz eq*	1/2 serving	½ oz eq*	1 serving	1 oz eq*	2 servings	2 oz eq*	

<sup>\*</sup>Meat and meat alternates may be used to substitute the entire grains component a maximum of three times per week. Oz eq = ounce equivalents

### **Lunch and Supper Meal Patterns**

	Ages 1-2		Ages 3-5		Ages 6-12 & 13-18		Adults	
	Previous	Updated	Previous	Updated	Previous	Updated	Previous	Updated
Milk	½ cup	½ cup	¾ cup	¾ cup	1 cup	1 cup	1 cup	1 cup*
Meat and meat alternates	1 oz	1 oz	1 ½ oz	1 ½ oz	2 oz	2 oz	2 oz	2 oz
Vegetables	1/ cup	⅓ cup	14 cup	¼ cup	3/ cup	½ cup	1 cup	½ cup
Fruits	74 CUP	¼ cup ⅓ cup	½ cup	¼ cup	¾ cup	¼ cup	1 cup	½ cup
Grains	½ serving	½ oz eq	½ serving	½ oz eq	1 serving	1 oz eq	2 servings	2 oz eq

<sup>\*</sup>A serving of milk is not required at supper meals for adults Oz eq = ounce equivalents

#### **Snack Meal Patterns**

	Ages 1-2		Ages 3-5		Ages 6-12 & 13-18		Adults	
	Previous	Updated	Previous	Updated	Previous	Updated	Previous	Updated
Milk	½ cup	½ cup	½ cup	½ cup	1 cup	1 cup	1 cup	1 cup
Meat and meat alternates	½ oz	½ oz	½ oz	½ oz	1 oz	1 oz	1 oz	1 oz
Vegetables	14 cup	½ cup	16 cup	½ cup	3/ cup	¾ cup	16 cup	½ cup
Fruit	- ½ cup	½ cup	½ cup	½ cup	¾ cup	¾ cup	½ cup	½ cup
Grains	½ serving	⅓ oz eq	1/2 serving	½ oz eq	1 serving	1oz eq	1 servings	1 oz eq

Select 2 of the 5 components for snack. Oz eq = ounce equivalents

Note: All serving sizes are minimum quantities of the food components that are required to be served.

				Year:	
Child Co	are Center/Sponsor	WEEKLY ME	ENU RECORD	Week:	
Nome	of Center/Sponsor				
				Month:	
Menu Item	Menu	Menu	Menu	Menu	Menu
Breakfast	Monday Date	Tuesday Date	Wednesday Date	Thursday Date	Friday Date
Milk					
Meat/Meat Alternate					
Can only be substituted for					
grain 3 times a week.					
Vegetable, Fruit or					
both					
G :					
Grains					
			(Must serve 3 components)		
Lunch					
Milk					
Meat and Meat					
Alternatives					
Vegetables					
Ū					
E:4/V/4-1-1-					
Fruit/Vegetable					
Grains					
			(Must serve 5 components)	<u> </u>	
P.M. Supplement			(must serve 5 components)		
2 Supplement					
Milk					

(Must serve 2 components)

Meat and Meat Alternatives

Vegetables

Fruits

Grains

#### **INFANT MENU**

- One type of iron-fortified infant formula must be offered by the institution.
- Only iron-fortified infant cereal is creditable.

#### 7 CFR 226.20 states:

Infant cereal means any iron-fortified dry cereal specifically formulated for and generally recognized as cereal for infants that is routinely mixed with breast milk or iron-fortified infant formula prior to consumption.

Infant formula means any iron-fortified formula intended for dietary use solely as a food for normal, healthy infants: excluding those formulas specifically formulated for infants with inborn errors of metabolism or digestive or absorptive problems. Infant formula as served, must be in liquid state at recommended dilution.

- Institutions <u>cannot</u> require parents/caregivers to supply infant formula or food
- Parents may provide only one creditable food component in order for the meal service to be claimed for infants 6-11 months old. Remaining components when applicable must be purchased and provided by the institution.
- Infant feeding times vary depending on the child's age and development. Infants
  consuming breast milk or formula may be claimed if the child care center staff feeds the
  infant and if the mother breastfeeds directly on site.
- Meat sticks or "finger sticks" (which look like miniature hot dogs) are <u>not</u> reimbursable as a meat/meat alternate in the infant meal pattern because they could present a choking risk
- Combination dinners (jarred turkey and rice, etc.) are not creditable
- Commercial fish sticks, other commercial breaded or battered fish or seafood products, canned fish with bones, hot dogs, and sausages are <u>not creditable for infants under 12</u> <u>months of age</u>

Infant meal patterns vary according to the age of the infant. Sponsors should refer to the infant meal pattern to ensure that each age group receives all required components.

# **Child and Adult Care Food Program Meal Pattern Requirements for Infants**

Age	Breakfast	<b>Lunch and Supper</b>	Snack
Birth through 5 months	4-6 fluid ounces formula <sup>1</sup> or breast milk <sup>2, 3</sup>	4-6 fluid ounces formula <sup>1</sup> or breast milk <sup>2</sup> ,	4-6 fluid ounces formula <sup>1</sup> or breast
	oreast min	3	milk <sup>2, 3</sup>
6 months up to first	6-8 fluid ounces formula <sup>1</sup> or	6-8 fluid ounces	2-4 fluid ounces
birthday	breast milk <sup>2, 3</sup>	formula <sup>1</sup> or breast milk <sup>2</sup> ,	formula <sup>1</sup> or breast milk <sup>2, 3</sup>
	0-4 tablespoons infant cereal <sup>1</sup> ,	0-4 tablespoons infant	
	meat, fish, poultry, whole	cereal <sup>1</sup> , meat, fish,	and
	egg, cooked dry beans, or	poultry, whole egg,	0.1/2.1: 1.14.6
	cooked dry peas; or	cooked dry beans, or cooked dry peas; or	0-1/2 slice bread <sup>4, 6</sup> or 0-2 crackers <sup>4, 6</sup> or
	0-2 ounces of cheese; or	cooked dry peas, or	0-4 tablespoons infant
	0-4 ounces of cottage cheese;	0-2 ounces of cheese; or	cereal or ready-to-eat
	or	0-4 ounces of cottage	breakfast cereal; and
	0-4 ounces or ½ cup of	cheese; or	,
	yogurt; or a combination of	0-4 ounces or ½ cup of	0-2 tablespoons
	the above; and	yogurt; or a combination of the above; and	vegetable and/or fruit
	0-2 tablespoons fruit and/or	,	
	vegetable	0-2 tablespoons fruit	
		and/or vegetable	

<sup>&</sup>lt;sup>1</sup> Infant formula and dry infant cereal shall be iron-fortified.

7 CFR 226.20

<sup>&</sup>lt;sup>2</sup> It is recommended that breast milk be served in place of formula from birth through 11 months.

<sup>&</sup>lt;sup>3</sup> For some breastfed infants who regularly consume less than the minimum amount of breast milk per feeding, a serving of less than the minimum amount of breast milk may be offered, with additional breast milk if the infant is still hungry.

<sup>&</sup>lt;sup>4</sup> A serving of this component shall be optional.

<sup>&</sup>lt;sup>6</sup> Bread and bread alternates shall be made from whole-grain or enriched meal or flour.

Name of Child Care Provider:
Standard Infant Menu Iron-fortified infant formula:
Birth to 5 Months
Breakfast, Lunch or Supper, and Snack:
4-6 fluid ounces breastmilk <sup>1</sup> or formula <sup>2</sup> ( <i>Required</i> )
6 to 11 Months
Breakfast:
6-8 fluid ounces breastmilk <sup>1</sup> or formula <sup>2</sup> ( <i>Required</i> )
0-4 tablespoons infant cereal <sup>2,3</sup> meat, fish, poultry, whole egg, cooked dry beans, <b>or</b> cooked dry peas; <b>or</b> 0-2 ounces of cheese; <b>or</b> 0-4 ounces (volume) of cottage cheese; <b>or</b> 0-4 ounces of 1/2 cup of yogurt <sup>4</sup> ; <b>or</b> a combination of the above <sup>5</sup>
0-2 tablespoons vegetable <b>or</b> fruit <sup>3</sup> <b>or</b> a combination of both <sup>5,6</sup>
Lunch or Supper
6-8 fluid ounces breastmilk <sup>1</sup> or formula <sup>2</sup> ( <i>Required</i> )
0-4 tablespoons infant cereal <sup>2,3</sup> meat, fish, poultry, whole egg, cooked dry beans, <b>or</b> cooked dry peas; <b>or</b> 0-2 ounces of cheese; <b>or</b> 0-4 ounces (volume) of cottage cheese; <b>or</b> 0-4 ounces <b>or</b> 1/2 cup of yogurt <sup>4</sup> ; <b>or</b> a combination of the above <sup>5</sup>
0-2 tablespoons vegetable <b>or</b> fruit <sup>3</sup> <b>or</b> a combination of both <sup>5,6</sup>
Snack:
2-4 fluid ounces breastmilk <sup>1</sup> or formula <sup>2</sup> ( <i>Required</i> )
0-1/2 slice bread <sup>3,4</sup> ; <b>or</b> 0-2 crackers <sup>3,7</sup> ; <b>or</b> 0-4 tablespoons infant cereal <sup>2,3,7</sup> <b>or</b> ready-to-eat breakfast cereal <sup>3,5,7,8</sup> 0-2 tablespoons vegetable <b>or</b> fruit, <b>or</b> a combination of both <sup>5,6</sup>

Breastmilk or formula, or portions of both, must be served; however, it is recommended that breastmilk be served in place of formula from birth through 11 months. For some breastfed infants who regularly consume less than the minimum amount of breastmilk per feeding, a serving of less than the minimum amount of breastmilk may be offered, with additional breastmilk offered at a later time if the infant will consume more.

- 2 Infant formula and dry infant cereal must be iron-fortified.
- 3 Beginning October 1, 2019, ounce equivalents are used to determine the quantity of creditable grains.
- 4Yogurt must contain no more than 23 grams of total sugars per 6 ounces.
- 5A serving of this component is required when the infant is developmentally ready to accept it.
- 6Fruit and vegetable juices must not be served.
- 7A serving of grains must be whole grain-rich, enriched meal, or enriched flour.

8Breakfast cereals must contain no more than 6 grams of sugar per dry ounce (no more than 21 grams sucrose and other sugars per 100 grams of dry cereal). 7 CFR 226.20(b)(5)

#### **Updated Meal Pattern Requirements for Infants**

#### **Encourage and support breastfeeding**

- In addition to serving expressed breastmilk provided by a parent or guardian, providers may also receive reimbursement for meals when a breastfeeding mother comes to the child care setting and directly breastfeeds her infant. There are no age restrictions for breastfeeding or serving breastmilk for infants and children.
- Only breastmilk and infant formula are served to infants, birth through the end of 5 months, as developmentally appropriate.

#### **Developmentally appropriate meals**

- There are now two age groups, instead of three: birth through the end of 5 months and 6 months through the end of 11 months.
- Solid foods are gradually introduced around 6 months, as developmentally appropriate.

#### More nutritious meals

- The updated meal pattern requirements:
- Requires a vegetable or fruit, or both, to be served at snack for infants 6 through 11 months
- No longer allows juice, or cheese food or cheese spread to be served
- Allows ready-to-eat cereals for snack only

Parents/Guardians may provide only one creditable food component in order for the meal service to be claimed.

#### **Milk Reconciliation (Optional)**

As a way of determining if enough milk is purchased and served each month, Institutions and Sponsoring Organizations may complete a Milk Reconciliation. This can be done after the last claimed meal service for the month or at any time during the month. Although not required, a milk reconciliation can identify milk shortages which could result in the disallowance of meals.

- 1. Input Sponsor Name and Month/Year in the appropriate blanks.
- 2. Record the amount of "Carryover Milk" listed at the bottom of the current month Record of Meals Served (17-9). After the last meal is served for the month, record the number of gallons of milk on hand at the bottom of next month's Record of Meals Served (17-9).
- 3. Record the total milk purchased (in gallons) for the current month. Note: if half pints were purchased, they must be converted to gallons prior to recording them in the column. (Half-pint to gallon converter: <a href="http://www.calculateme.com/Volume/Pints/ToGallons.htm">http://www.calculateme.com/Volume/Pints/ToGallons.htm</a>).
- 4. Add the gallons of milk purchased and the amount of carryover milk and multiply by 128 (the number of ounces in a gallon). Record the result in the box located below "(a)".
- 5. Record Total Meals from the Record of Meals Served (17-9) in the corresponding boxes for Breakfast, Lunch and Supper.
- 6. Using the menus for the month and the Record of Meals Served (17-9) form, record the total number of meals for every day that milk was served as a component for Snack.
- 7. Multiply each column total by the number below it (this is the number of ounces of milk required for a specific age group at a specific meal service) and record the answer under the appropriate column next to the "=" box.
- 8. Add the total ounces of milk served (items with a 4, 6 or 8 above) and record the answer in the "Total Ounces Required (b)" box.
- 9. Transfer the totals from (a) and (b) to the corresponding areas at the bottom of the form.
- 10. Subtract (a)-(b) and record the result in blank (c).
- 11. Divide (c) by 128 and record the result in the last blank.
- 12. If the result is a negative number, there is a milk shortage (not enough milk was served or purchased).

## **Milk Reconciliation**

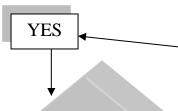
Month/Year:	Sponsor
wionth/iear.	Name:

n from Form	В	reakfa	st	A	M Snac	ck		Lunch		P	M Snac	ck		Supper		L	N Snac	ck	Mil	k
otal Meal numbers are taken from the Record of Meals Served Form	1-2	3-5	6-12	on the l	ount the Record o where M as a com	f Meals Iilk was		3-5	6-12	on the l Served	ount the Record o where M as a com	f Meals Iilk was	1-2	3-5	6-12	on the Served	ount the Record o where M as a com	of Meals Iilk was	Carry Over Gallons	
Total Meal numbers the Record of Meals	1	ε	-9	1-2	3-5	6-12	1	ε	-9	1-2	3-5	6-12	1	ε	-9	1-2	3-5	6-12	+ Gallons <sup>*</sup> Purchased	
Total Meals																			= Total Gallons for the month	
X	4	6	8	4	4	8	4	6	8	4	4	8	4	6	8	4	4	8	Total Ounces Required (b)	X 128 ounces in a gallon (a)
=																				

(a)	=Total Milk Purchased in ounces	<b>(b)</b>	=Total Milk Required in ounces
	-		_
(a) - (b) =	(c) divided by 128 ounc	ces in a gallon =	Total gallons above/below amount needed

#### **KY CACFP Milk Substitution**

## **Parent Requests That** Their Child Be Served a Milk **Substitute**



Did the parent present a

Medical Disability Form

listing what items to be

omitted, what items to be substituted and the disability?

Does the Child have a Disability that impacts the meal service and requires an alternate milk component?

NO

The parent must present a letter stating what the substitution will be and explaining the reason for

the milk substitution.

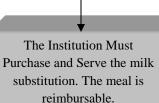
NO

**Milk Alternatives** 

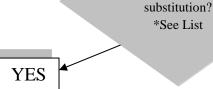
- Lactose Reduced
- Lactose Free
- Low Fat Buttermilk
- Low Fat Acidified Milk
- Fat Free Acidified Milk
- Reduced or Fat Free Organic Versions of Acceptable milk

Non-Dairy Milk Alternates
\*Must meet the following requirements.

Nutrient Cup	Requirements per
Calcium	276 mg
Protein	8 g
Vitamin A	500 IU
Vitamin D	100 IU
Magnesium	24 mg
Phosphorus	222 mg
Potassium	349 mg
Riboflavin	.44 mg
Vitamin B-12	1.1 mg



YES



Is the substitution

a creditable milk

The institution may purchase the substitution OR the parent may purchase the substitution. The meal is reimbursable.

The meal does not meet meal pattern requirements and is NOT reimbursable.

NO

# CACFP Instructions for completing the Medical Statement for Participants with Special Dietary Needs

#### Parent/Guardian Section

- 1. Fill in information located in the first section "To be completed by a Parent, Guardian, or Authorized Representative".
- 2. If participant has a recognized disability or special dietary needs that are not a recognized disability, a recognized medical authority must complete the form. A recognized medical authority is anyone medically deemed certified to write prescriptions.
- 3. Medical Authority must sign and date.
- 4. Medical Authority must print their name, title, and give the telephone number where they may be contacted.
- 5. If participant does not have a disability, but is requesting special accommodation for a fluid milk substitute, the form may be completed by the Parent/Guardian.

#### **Sponsor Information**

- 1. The statement must be completed in its entirety and submitted prior to substituting any meals.
- 2. If any changes are needed, a new form will need to be submitted.
- 3. Parents or guardians may request in writing that a non-dairy beverage be substituted for fluid milk without providing a statement from a recognized medical authority. Fluid milk substitutions requested are at the option and expense of the facility/center.
- 4. Non-dairy beverage products must at a minimum contain the following nutrient levels per cup to qualify as an acceptable milk substitution.

<ul><li>a. Calcium 276 mg</li><li>b. Protein 8 g</li><li>c. Vitamin A 500 IU</li></ul>	<ul><li>d. Vitamin D 100 IU</li><li>e. Magnesium 24 mg</li><li>f. Phosphorus 222 mg</li></ul>	g. Potassium 349 mg h. Riboflavin .44 mg i. Vitamin B-12 1.1 mcg
	-	

#### MEDICAL STATEMENT FOR PARTICIPANTS WITH SPECIAL DIETARY NEEDS

To be completed by a Parent, Guar	rdian, or Authorized Represe	entative	
Participant's Name:		Bir	rthdate:
Parent/Guardian/Authorized Repr	esentative name:		
Home Phone: ( )		Work Pho	ne: ( )
Address:			
City:	State:	7	Zip:
(*Recognized Medical Autl		•	
	disability, but is requesting a special reasons. (Substitutions made hority must sign)		
Participant does not have a comeets the nutrient standards (Substitutions made at the	lisability, but is requesting a sp for non-dairy beverages offered discretion of the center)	d as milk subs	
A non-dairy beverage product m	ust at a minimum contain the acceptable milk subs		ntrient levels per cup to qualify as an
a. Calcium 276 mg b. Protein 8 g c. Vitamin A 500 IU	d. Vitamin D 100 IU e. Magnesium 24 mg f. Phosphorus 222 mg		g. Potassium 349 mg h. Riboflavin .44 mg i. Vitamin B-12 1.1 mcg
Foods to be omitted:  Please list foods and information re	Substitu-		pped, ground, pureed, etc.):
Please provide any other informati	on regarding the diet:		
Recognized Medical Authority: Anyo	ne who can prescribe medicat	ion.	
Physician/Medical Authority	's Signature		Date
Printed Name and Title			Telephone

#### **Methods of Procurement**

Micro-Purchase Aggregate amount for single transaction is equal to or less than \$3,500

**Small Purchase** For purchases between \$3,501 and \$149,999

Price quotations must be obtained from at least three qualified sources.

• Documentation of price quotations must be maintained by Sponsor.

Formal Bid For purchases totaling \$150,000 and over annually

• Invitation for Bid (IFB) or

• Request for Proposal (RFP)

<u>Micro-Purchase-</u> Procurement by micro-purchase is the acquisition of supplies or services, of which the aggregate dollar amount is equal to or less than \$3,500. To the extent practicable, the institution must distribute micro-purchases equitably among qualified suppliers. Micro-purchases may be made without soliciting competitive quotations if the institution considers the price to be reasonable.

**Small Purchase Procedures-** If you're utilizing this procedure, you must:

- Obtain an adequate number (three) of written price quotations from qualified suppliers;
- Maintain a written record of the quotations obtained; and
- Save all documentation.

<u>Formal Bid-</u>Contracts or purchases of an item or items normally purchased together costing in the aggregate of \$150,000 or more must use the competitive sealed bids (formal advertising). Contact the State Agency if this applies.

#### **Small Purchase Procurement**

(Comparison Shopping for Grocery and Retail)

To meet the procurement requirements for small purchases, such as those items purchased at a grocery or retail store, the State Agency requires comparison shopping for six of the most frequently purchased items at least once a year. Institutions will select at least three separate, but similar retail stores, and compare the costs of these items within those stores. Institutions are required to select the store that has the lowest price, unless other circumstances, such as proximity of the store or consistency of quality, impact their decision. This must be documented on the Small Purchase Procurement Form.

#### **CACFP Instructions for Completing the Small Purchase Procurement Form**

- 1. Input date of procurement.
- 2. Choose 6 most commonly purchased items.
- 3. List 3 grocery stores in the area.
- 4. Fill in prices for the 6 items at each of the 3 stores.
- 5. Decide where items will be purchased.
- 6. Explain why store was chosen (location, options, etc.) if it didn't offer lowest price.
- 7. File in the Folder labeled, "Procurement".

# Documentation for Small Purchase/Informal Procurement *Used if single transaction if \$3,501-\$149,999.*

DATE:	

Food	Name of Store 1:	Name of Store 2:	Name of Store 3:	Reason for selection if not lowest price
1.	\$	\$	\$	
2.	\$	\$	\$	
3.	\$	\$	\$	
4.	\$	\$	\$	
5.	\$	\$	\$	
6.	\$	\$	<b>\$</b>	

<sup>\*7</sup> CFR 226.22

#### **RECORD OF MEALS SERVED 17-9**

The Record of Meals Served Form (17-9) is the official source of documentation used to verify meal counts.

All institutions must maintain an accurate daily count of meals served to participants. These counts should be divided by age categories. Institutions are encouraged to use the State agency form. The count must be taken during the meal service and it must total the actual number of meals served. The meal count shall not be taken from attendance records or sign-in sheets.

The Record of Meals Served Form also provides an area to record total daily attendance. Each day, daily attendance figures are taken from attendance records and recorded under "Total Daily Attendance".

Attendance records are not the same as the "Record of Meals Served". In some cases, participants may be present at the center, but the individual may not participate during the meal service. Therefore, reimbursement is calculated based on meals actually served, not attendance records.

If the institution chooses to conduct the optional milk reconciliation, the institution should record the amount of unserved milk remaining on hand after the last meal service of the month. This number will be recorded in the space provided at the bottom of the next month's Record of Meals Served. This amount will represent milk to be carried over to the Milk Reconciliation Form in the upcoming month.

#### Instructions for completing CACFP Record of Meals Served (17-9) form

- 1. Record Center/Site Name.
- 2. Record Month/Year and record amount of carryover milk from the previous month at the bottom of the page.
- 3. Place number of meals served next to the appropriate date and under the appropriate age range.
- 4. Add the daily meals for each age group and place in the meal total column.
- 5. For each meal service, list the number of staff/volunteers who were served meals under the PA (Program Adults) column. This includes staff and/or parents. This column doesn't need to be totaled at the end of the month and these meals are **not** included in the monthly claim for reimbursement.
- 6. At the end of the day, place total number of participants in attendance under the Total Daily Attendance column. The total number of meals served should never exceed the Total Daily Attendance.
- 7. At the end of the month, total all columns for the month and use the information for the monthly claim (total number of meals served for each meal service and total attendance for the month).

Kentucky Department of Education
School and Community Nutrition
Section 17
Form 17-9

Record of Meals Served

Center/Site:

Month/Year

	Breakfast				Total Break fast Lunch					Total Lunches	P M Supplement				Total P.M. Snacks	Total Daily Attend	Program Adults		
Date	Infant	1-2	3-5	6-12		Infant	1-2	3-5	6-12		Infant	1-2	3-5	6-12			Breakfast	Lunch	PM
1																			
2																			
3																			
4																			
5																			
6																			<del>                                     </del>
7																			
9																			
10																			
11																			
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24																			
25																			
26																			
27																			
28																			
29																			
30																			
31																			
Total																			

<sup>\*</sup> PA means Program Adults

\*7CFR 226.15(e)(4) and 226.15(e)(5)

# **Instructions for Completing the Infant Addendum to Enrollment Sponsor Section**

- 1. List the name of the daycare the formula that will be provided.
- 2. Provide the Name of the Sponsor Representative, Phone Number and Date.

#### Parent/Guardian Section

- 1. Parent/Guardian should list the participant's name and birthdate (should match the information listed on the Enrollment Form/Income Application)
- 2. Parent/Guardian then indicates what foods/formula they will be providing by marking the appropriate blank.
- 3. Parent/Guardian or Client will then sign and Date the form.

#### **Note to Sponsor:**

The parent/guardian may only provide one component of a meal service.

The infant may be claimed if the mother breastfeeds on site.

### INFANT ADDENDUM TO ENROLLMENT

### Dear Parent:

This child care center participates in the USDA Child & Adult Care Food Program (CACFP). This program provides reimbursement to the center for creditable meals served to your infant while in our care. We want to work with you to provide the very best nutritional care for your baby. Under the CACFP regulations, the center may NOT charge you a separate fee for meals that are claimed for reimbursement.

We use the meal pattern below, which was developed by the USDA for centers participating in the CACFP. The type and amount of foods served vary according to the age of the infant. However, the actual foods we provide will be based on what you tell us about your baby's own food needs.

Age	Breakfast	Lunch and Supper	Snack
Birth through 5	4-6 fluid ounces formula or breast milk	4-6 fluid ounces formula or breast milk	2-4 fluid ounces formula or breast
months			milk
6-11 months	6-8 fluid ounces formula or breast milk	6-8 fluid ounces formula or breast milk	2-4 fluid ounces formula or breast
			milk
	0-4 tablespoons infant cereal, meat,	0-4 tablespoons infant cereal, meat,	
	fish, poultry, whole egg, cooked dry	fish, poultry, whole egg, cooked dry	0-1/2 slice bread or 0-2 crackers or
	beans, or cooked dry peas; or 0-2	beans, or cooked dry peas; or 0-2	0-2 crackers; or
	ounces of cheese; or 0-4 ounces	ounces of cheese; or 0-4 ounces	0-4 tablespoons infant cereal or
	(volume) of cottage cheese; or 0-4	(volume) of cottage cheese; or 0-4	ready-to-eat breakfast cereal
	ounces or 1/2 cup of yogurt; or a	ounces or 1/2 cup of yogurt; or a	
	combination of the above	combination of the above	
	0.2 tablesmeens vegetable on finition of	0.2 tablesmanns vagatable og fruitiger o	0.2 tahlaanaana waaatahla an fimit on a
	0-2 tablespoons vegetable or fruit <sup>3</sup> or a	0-2 tablespoons vegetable or fruit <sup>3</sup> or a	0-2 tablespoons vegetable or fruit, or a
T. 11	combination of both	combination of both	combination of both

Talk with your health care provider and let us know whether you want to use breast milk or a formula while your child is in the center's care. We also need to know when you will introduce solid foods to your infant. You may choose for us to provide the formula, or you may provide the formula for your infant.

(Name of Daycare Center) currently provides the following formula(s):	_
Please fill out the form below and return it to help us plan the meals for your infant. If this information changes, you will need to complete a new form.	

ş	oonsor Representative	Phone Number	Date	
M	IUST BE COMPLETE	D BY PARENT/GUARDIAN		
	Infant Name Check all that apply:	Infant	Birthdate/	
		<b>_Parent</b> will breast-feed the infant a or iron fortified formula	t the day care center or provide expressed breastmilk	
		_Parent will provide additional bab	y food.	
		<b>_Parent</b> will provide iron fortified f additional baby food	ormula/breast milk and Center will provide	
		_Center will furnish all iron fortifie	d infant formula	
		_Center will furnish all iron fortifie	d infant formula and additional baby food	
	Parent/Guardia	n and/or Client Signature	Date	

Sincerely,

# ATTENDANCE RECORDS

All institutions are required to maintain daily attendance records in order to document an enrolled participant's attendance. (A copy of the Attendance Record Form is on the following page). Daily attendance should be totaled every day and recorded on the Record of Meals Served (17-9) form in the Total Daily Attendance (TDA) column.

A computer-generated attendance record is also acceptable. Institutions may design their own form but it must contain, at a minimum, the information contained on the State Agency form. Forms designed by the sponsor must be submitted to the State Agency for approval.

Both the participant's first and last name, birthdate and period of residency must be included on the attendance record.

Failure to maintain attendance records or maintenance of inadequate attendance records will result in the recovery of CACFP reimbursement. Attendance records must be maintained on file for three years plus the current fiscal year.

# **CACFP Instructions for Completing the Daily Attendance Record**

- 1. Fill in the Month/Year and Sponsor information.
- 2. Record the first and last names of the participants, periods of residency and birthdates.
- 3. Record attendance and total the columns daily.
- 4. Place daily attendance totals from the Daily Attendance Record form on the Record of Meals Served (17-9) form under the column that says "Total Daily Attend".

Do not use the Daily Attendance Record totals as meal count submissions

# DAILY ATTENDANCE RECORD

Month/Year	Sponsor
	•

PARTICIPANT	.R*	Date of Birth	Days of the Month																														
NAME (Last, First)	P.O.R*	Dirtii	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
																															<u> </u>		
<u>-</u>																																	
D	AILY	TOTALS																															

Each day's totals must be recorded on the Record of Meal Served (Form 17-9) in the Total Daily Attendance Column at the end of each day.

<sup>\*</sup>P.O.R=Period of Residency
\*7 CFR 226.15(e)(4) and 226.17a(O)(1)

### PROGRAM COSTS DOCUMENTATION

Every institution participating in the CACFP must demonstrate the operation of a non-profit food service program. As provided by USDA's Financial Management-Child and Adult Care Food Program Food and Nutrition Service (FNS) Instruction 796-2, Revision 4, all institutions must operate a non-profit food service in which all CACFP meal payments are expended for allowable costs. This means that ALL of the money received in CACFP reimbursement MUST be used ONLY in the food service operation. All CACFP records must be kept on file for three years plus the current year.

The following are examples only and are not intended to be a complete guide as to how CACFP funds may or may not be spent. Refer to FNS -Instruction 796-2, Rev. 3 or contact the State Agency with questions about allowable expenses.

### **Food and Milk Documentation:**

**Allowable Costs**: Foods purchased only for CACFP use.

**Not Allowable**: Cost of food lost as a result of fire, water, spoilage or other contamination in excess of \$100; fast food, personal groceries or items such as cigarettes, soda, pet food, etc.

# Minimum Records that Support Cost of Food & Milk Used:

- a. Invoices, bills, receipts (all food receipts used to document costs to the CACFP must be original, dated, itemized, and include the name of the store where the food was purchased and the method of payment)
- b. Canceled checks
- c. Food inventory records
- d. Records of cash discounts and other credits if not shown on purchase orders and/or invoices
- e. Menus (Participant and Infant)
- f. Invoices from a food management company, caterer or school (reported as cost of food used)
- g. Daily delivery tickets that include components served, as well as the name of the catering source, date, number of meals ordered and number of meals delivered. Delivery tickets must be signed and dated by the vendor staff delivering meals and the sponsor staff receiving meals

Delivery tickets should be compared to the vendor's monthly invoice to ensure that the sponsor was charged for the correct number of meals ordered.

### **Nonfood Cost Documentation:**

**Allowable Costs**: Supplies needed to administer the CACFP. Examples are: paper goods (napkins, straws, cups, etc.), cleaning supplies for kitchen and dining room.

**Not Allowable**: Supplies which are not used to administer the CACFP. Examples are: general day care supplies or arts/crafts projects, toys, games, videos, laundry and general cleaning supplies not used in the food service area.

If nonfood items are used entirely for the meal service (i.e. paper products, plastic silverware, kitchen cleaning supplies, eating area cleaning supplies, etc.), the total cost plus tax can be claimed. If only a portion of the nonfood items are used for the food program (i.e. trash bags, paper towels), then only half of the cost and only half of the tax can be claimed. Nonfood items purchased for day care use only (i.e. toilet paper, Kleenex) cannot be included in CACFP program costs.

# Minimum Records that Support nonfood Supplies and Expendable Equipment:

- a. Invoices, bills, receipts (all food receipts used to document costs to the CACFP must be original, dated, itemized, and include the name of the store where the food was purchased and the method of payment)
- b. Canceled checks
- c. Bank statements

**Note**: Canceled checks and bank statements will be used only to verify payment of original receipts and cannot be used as the only source of documentation.

# **Program Labor Costs:**

Program labor costs may only be claimed if the individuals performing the food service are employed by the participating institution.

Program Labor Costs for Food Service are limited to wages and fringe benefits paid by the sponsor to employees directly involved with the food service program. If the sponsor is reimbursed for an employee's wages from some other source, it cannot be claimed as a cost to the Program.

### **Allowable Direct Costs:**

- a. Wages paid for preparing and serving food;
- b. Wages paid to personnel who assist participants at mealtime;
- c. Wages paid for on-site preparation of records required for the food program.
- d. Program Labor duties including cooking, serving, menu planning, grocery shopping and cleaning of kitchen and dining room.

**Not Allowable**: Administrative costs, donated labor, salaries of staff who do not perform CACFP duties; wages paid from sources other than the sponsoring organization.

### **Minimum Records that Support Program Labor Costs:**

- a. Staff who work full-time on CACFP duties (cooks) will document their wages and benefits by copies of their pay stubs in the monthly folder.
- b. Personnel Activity Reports (PAR) are maintained by employees to establish the amount of time per day spent on the food program when the employee has other duties. These must be signed and dated by employee at the end of the month. The PAR must be signed and dated by the employee's supervisor. The PAR must be maintained in the monthly folders.

# **Program Administrative Costs:**

Program Administrative Costs include expenditures incurred by a sponsoring organization that relate to planning, organizing, and managing the food service program.

### **Allowable Direct Costs:**

Wages paid for completing the application packet, approving income applications, conducting monitor reviews, training center personnel regarding CACFP requirements, time spent compiling the monthly Claim for Reimbursement, cost of computer equipment used to administer CACFP and attending State Agency training (training time may only be claimed for the month in which it occurs).

**Not Allowable:** Volunteer labor, wages paid from sources other than sponsoring organization, costs incurred to comply with licensing standards.

# **Minimum Records that Support Administrative Costs:**

- a. Payroll records (bank statements, canceled checks, pay stubs, etc.).
- b. Personnel Activity Reports daily time sheet that establishes the amount of time each employee spends on food program responsibilities when the employee has other duties. They must be signed and dated by the employee.
- c. Mileage documentation.
- d. Rental agreements and invoices for office equipment or office space.
- e. Invoices and canceled checks for any costs claimed as an administrative expense.

# Remember to complete the appropriate procurement annually.

# **CACFP Instructions for Completing the Personnel Activity Report (PAR)**

# **Employee Section:** (To be completed daily by the employee)

- 1. Print Name and the Month/Year of PAR on designated lines.
- 2. Place number of hours worked beside the appropriate date. Designate hours worked for Administrative and Program Labor by writing the number of hours under the appropriate column.
- 3. List any non CACFP hours worked under the "Non CACFP Hours Worked" column.
- 4. Total the columns for each row and place the total under the, "Total Hours Worked" for each day claimed.
- 5. At the end of the month, sign and date the form, verifying the information provided is correct.

# Sponsor Section: (To be completed by Director/Authorized Representative at the end of the month)

# A. Hourly Paid Staff

- 1. Using the total for administrative hours from the table; insert the administrative hours and multiply them by the hourly wage of the employee. Place total in blank provided (Total administrative CACFP Salary).
  - \*Administrative hours should only be used if the expense is approved in the CNIPS budget\*
- 2. Using the total for program labor hours from the table; insert the program labor hours and multiply them by the hourly wage of the employee. Place total in blank provided (Total program labor CACFP salary).
- 3. The employee's name and expense amount claimed should be listed at the bottom of the Record of Expenditures (17-8).

# B. Salaried Staff

- 1. Using the total for administrative hours worked on CACFP from the table; insert the administrative hours worked and divide by the total hours worked. Multiply total by 100 and place percentage in blank provided (%). Then, multiply the total salary for the month by the percentage found above. Place total in blank provided (Total admin. CACFP salary).
  - \*Administrative hours should only be used if the expense is approved in the CNIPS budget\*
- 2. Using the total for program labor hours worked on CACFP from the table; insert the program labor hours worked and divide by the total hours worked. Multiply total by 100 and place percentage in blank provided (%) Then, multiply the total salary for the month by the percentage found above. Place total in blank provided (Total program labor CACFP salary).
- 3. Verify totals, sign and date form.

# PERSONNEL ACTIVITY REPORT

Employee I		Z EMPLOYE	E•			Month/	Year:		
INSTRUCTI (CACFP). Ea Examples of C the Claim for	ONS: This for ch month, ind CACFP admin	orm is for emplicate the numbers active activent. Examples	loyees who sper of hours parties include, of CACFP parties	ber day spent of but are not lin rogram labor a	neir day working on administrative nited to: monitor activities include form will be use	and program ring, record k , but are not l	labor activition eeping, compi imited to: me	es related to t ling data and nu planning,	he CACFP. completing grocery
		Vorked on CFP					Worked CACFP		
Date	Admin	Program Labor	Non CACFP Hours Worked	Total Hours Worked	Date	Admin	Program Labor	Non CACFP Hours Worked	Total Hours Worked
1					17				
2					18				
3					19				
4					20				
5					21 22				
7					23				
8					24				
9					25				
10					26				
11					27				
12					28				
13					29				
14					30				
15					31				
16					TOTAL				
I certify that the				f hours worked	on the CACFP.				
		Employee Sig	nature			D	ate		
A. (HOURLY	PAID STAI	F <b>F</b> )			ED REPRESEN		•		
administrative	CACFP salar	ry)			(ho			(Total	
2. Total progra \$				x	(ho	ourly wage) =			
B. (SALARII									
3. Total admir Total Salar	nistrative hour ry for month \$	rs worked on (	CACFP%	÷ Total hou = \$	rs worked (Total admin. C	= ACFP salary)	%		
4. Total progra	am labor hour	s worked on C	CACFP	÷ Total h	ours worked (Total program	=	%		
I certify that p							• /		
5. Signature	of Center Dir	ector/Author	ized Represe	entative				Date	

\*7 CFR 226.15(e)

### RECORD OF CACFP PROGRAM EXPENDITURES FOR THE MONTH (FORM 17-8)

The Record of Food Program Expenditures for the Month (Form 17-8) is used by institutions to record all of the expenses which justify the CACFP reimbursement for the month. Institutions will keep this form, along with all receipts and the menu record, in the corresponding monthly folder. Every month, institutions may use the calculations from their monthly 17-8 form to record their program costs on the Justification for Reimbursement form. Institutions can use the Justification for Reimbursement Form to record their yearly expenses in the ACQR (Actual Cost Quarterly Report) in CNIPS.

The Record of Food Program Expenditures form may be completed throughout the month or at the end of the month but must be complete before the claim is submitted.

Recording the quantity of milk purchased on the Record of Food Program Expenditures form will assist in completing the optional monthly milk reconciliation to determine if enough milk has been served and/or purchased to meet meal pattern requirements.

# Instructions for Completing the Record of Food Program Expenditures (17-8) Form

- 1. List the Month, Sponsoring Organization, Center and CNIPS Number.
- 2. Record the date, name of store/Food Management Company, Food, Quantity of Milk purchased and Nonfood Expenses (chronological order) as purchases are made.
- 3. At the end of the month, record information from all Personnel Activity Reports at the bottom of the form. The employee's name should be listed above the totals row and expenses for payroll under the Program Labor column.
- 4. If Program Administrative Costs are claimed write "Program Administrative Costs" under the "Name of Store, Vendor, Food Management Company or Program Labor" heading and record the total from the "Record of Administrative Costs for the Month" worksheet under the "Program Admin Cost" heading.
- 5. Total all columns and record information on the Justification for CACFP Reimbursement Form which will later be used to complete the Actual Cost Quarterly Report (ACQR).
- 6. File completed form in the monthly CACFP folder.

**Donated foods** can be used to prepare reimburseable meals. Institutions which receive donated foods should document the date and the amount received on the Record of Expenses 17-8 form.

Kentucky Department of Education School and Community Nutrition Form 17-8

Month	

# RECORD OF FOOD PROGRAM EXPENDITURES FOR THE MONTH

S	PONSORING ORGANIZATION			CENTER		
2	CNIPS NUMBER			022 ( 1221		
Date	Name of Store, Vendor, Food Management Company or Program Labor	Food	Quantity of Milk; Gallons and/or Pints	Non Food	Program Labor	Program Admin. Cost
Totals						

# **CACFP Instructions for Completing the Justification for Reimbursement Form**

- 1. Using the Record of Food Program Expenditures Form (17-8) for the month, record totals for Food, Non-Food, Program Labor and Administrative Costs.
- 2. Total expenditures for the month and place in column labeled "Total Expenditures by Month".
- 3. Record Reimbursement Amount using the amount of CACFP reimbursement received for the month.
- 4. Subtract the Total Expenditures by month from the Reimbursement Amount and place total under the "Difference" column.
- 5. To calculate % spent on food, divide Food costs by Reimbursement Amount and multiply answer by 100. Place answer under "% Spent on Food".
- 6. At the end of each quarter, (Oct.-Dec, Jan-Mar, Apr-June, July-Sept), total all columns and use the information from the form when completing the Actual Costs Quarterly Report (ACQR) in CNIPS.

# **Justification for CACFP Reimbursement**

Month	Food	Nonfood	Program Labor	Administrative	Total Expenditures by Month	Reimbursement Amount	Difference	% Spent On Food
Oct.								
Nov.								
Dec.								
Total								
Jan.								
Feb.								
Mar.								
Total								
Apr.								
May								
June								
Total								
July								
Aug.								
Sept.								
Total								
Total for The year								

<sup>\*</sup>FNS 796-2(IV) and 7 CFR 226.15(e)(6)

<sup>\*</sup> Food Expenses divided by Reimbursement = % Spent on Food

# **ACQR** (Actual Costs Quarterly Reporting)

FNS 796-2 Revision 3 requires that all institutions show fiscal integrity and accountability for all funds received from the Child and Adult Care Food Program. All expenses incurred as program expenses must be approved and funds must be used for authorized program expenses only.

To meet this requirement, the State Agency requires that all institutions report their actual costs annually. The ACQR must be submitted by September 30th. If an institution fails to submit the ACQR before the due date, a compliance review will be performed. The State Agency will review the costs to ensure that institutions are being fiscally responsible with CACFP funds.

The Justification for Reimbursement Form may be found in this handbook or you may <u>Click Here</u>. The form may also be accessed by typing in the web address on your browser:

 $\frac{http://education.ky.gov/federal/SCN/Documents/Justification\%20 for \%20 CACFP\%20 Reimbursement}{\%20 (Completed\%20 Quarterly).pdf}$ 

\*\*An ACQR Training Presentation is available on the State agency Website\*\*

# **Pre-Approval Site Request/Visit Form**

Sponsoring Organizations requesting to add sites to the existing CNIPS Application are required to complete a Pre-Approval Visit/Site Request Form. The form must be submitted to the State agency staff assigned to the CNIPS application.

Once the Site Request has been accepted, the State agency will establish a CNIPS Site Application to be completed and submitted for approval by the institution.

If acceptable, the State Agency will approve the Site Application and the Site may then begin to claim the approved meals in the month in which the site application was approved.

# PRE-APPROVAL SITE REQUEST/VISIT FORM TO BE CONDUCTED BY SPONSOR

Sponsor Name		CNIPS #				
Address						
3. Center Name		_County				
Address						
Telephone	Director					-
2. Licensed Capacity Expiration	n Date/_	/				
3. Total number of participants enrolled		Number in a	attendance _			
4. Indicate type of meals to be claimed for rein	nbursement.					
Breakfast	AM Snack	Lunch	PM Snack	Supper	Late Night Snac	ck
Time of Meal Service						
Estimated Number to be Served						
5. How will meals be provided? Self	f-Preparation	Cor	ntract	Central K	Xitchen	_Other
6. Has center staff been trained according to U	SDA meal pa	attern require	ements?	Yes	No	
7. Is an enrollment form on file for each partic	ipant?	Yes	No			
8. Will family size and income information be	obtained for	each particip	oant?	_Yes	No	
9. Have record keeping requirements been exp	olained and dis	scussed with	the center of	lirector?	Yes	No
10. Date that Center's Staff received Civil Righ	ts Training:					
	CFP Adminis	tration and I	Food Service	e. Include spe	ecific duties a	nssigned
	Du	ties				
Food Service	Dut	ties				
12. Has racial/ethnic information been collected	d on the area t	o be served?	YY	esNo	)	
	, .					,
Total number of participants enrolled Number in attendance Indicate type of meals to be claimed for reimbursement.    Breakfast		/ Date				

# Monitor Reviews (For Sponsoring Organizations with more than one site)

Monitoring sponsored centers for compliance with CACFP regulations is an important responsibility of Sponsoring Organizations. Sponsoring Organizations can also use monitor reviews to provide technical assistance when needed.

### **Monitor Review Checklist:**

- √ 3 reviews conducted each fiscal year
- ✓ 2 reviews must be unannounced
- √ Time between reviews must not be more than 6 months (i.e. Oct., Feb., June)
- ✓ A meal service must be observed for at least 1 review.
- ✓ Must ensure that review time is varied.

A meal service must be observed during at least one of the monitor reviews conducted during the year. In accordance with USDA FNS Policy Memo CACFP 16-2011, sponsoring organizations must ensure that the timing of unannounced reviews is unpredictable. For example, unannounced reviews that always occur during the third week of January, third week of May, and third week of September are predictable. The review schedule should be varied enough that facilities staff are unable to anticipate the date/timing of the review.

A copy of the Monitor Review form is available on the State Agency website: http://education.ky.gov/federal/SCN/Documents/Child Monitor Review Form.pdf

# **CACFP APPEALS PROCEDURE**

- Section 1. Actions that May be Appealed (Child and Adult Food Care Program) (7 CFR § 226.6(k)
- Section 2. Notice of Action. ((7 CFR § 226.6(k)(5))
- Section 3. Filing an Appeal
- Section 4. Appeal Timelines
- Section 5. Appeal Procedures

### TO DO LIST FOR NEW/RENEWING INSTITUTIONS

After attending State agency training, please do the following:

- Complete the online CNIPS application and submit to the State Agency.
- Conduct In-Service Training within **four weeks** of attendance at State Agency Training.
- Complete Catering Procurement immediately following New Sponsor Training.
- Complete the Small Purchase Procurement and/or Food Supply Vendor Procurement requirements within the first <u>four weeks</u> of attendance at the State Agency Training (if necessary)
- Display the "And Justice for All" poster in a prominent place.
- **New institutions only:** Submit the news release to a media source and a grassroots organization. File the original in the CACFP folder labeled "News Release".

Maintain the following records beginning the first day of participation:

- a. Daily Attendance Records
- b. Record of Meals Served (17-9)
- c. Menu Records (Participant and Infant)
- d. Receipts, Invoices, any documentation of food and non-food costs
- e. Personnel Activity Report(s)

Please note that this list is not inclusive of all documentation that must be maintained.

# **CACFP REFERENCE SHEET**

### **Daily Attendance-Information Needed for Claim**

### **Attendance Records**

- Completed daily
- Participant's name, period of residency and date of birth listed
- Totaled daily and recorded on the Record of Meals Served (17-9) form
- Used to calculate total daily attendance

#### Meal Counts-Information Needed for Claim

#### Menus

- Must meet meal pattern guidelines
- Current month posted
- Food must be creditable
- Copies placed in monthly folder

### Menus, Continued

- All menus must be maintained
- Substitutions must be noted at the beginning of the day.

### **Total Daily Attendance**

- Recorded on 17-9 daily
- Meals served cannot be greater than the number of participants in attendance
- Total Daily Attendance for the month is reported on the monthly claim.

### **Record of Meals Served 17-9**

- Take meal counts during the meal service
- Record on the Record of Meals Served 17-9
- Number of meals served must be totaled daily and monthly
- Total meals at the end of the month are reported on the monthly claim

### **Documentation of Expenses/Information Needed for ACQR**

### Food and Non-Food

- Receipts
  - Originals only
  - Program related items only
  - Purchases related to menu items
- Invoices from caterers, if applicable
- Delivery Tickets, if applicable

### Program Labor

- Personnel Activity Report
- Completed daily by employee
- Signed by employee
- Pay Stubs are used for full time food service staff (i.e. full time cook)

# Record of Program Expenditures 17-8

- Completed monthly
- Food costs recorded from receipts
- Amount of milk purchased is recorded using receipts
- Program Labor recorded
- Non- food costs recorded from receipts

# **Small Purchase Procurement**

- Completed yearly; within first4 weeks of fiscal year
- 6 most commonly used items
- 3 price comparisons

### **Food Supply Vendor Procurement**

- Completed yearly; within first
   4 weeks of fiscal year
- All vendor purchased items
- 3 vendor comparisons

# **Catering Procurement**

See Catering Guidance

# **Civil Rights**

### **Public Notification System**

- And Justice for All
- Non Discrimination
   Statement

# **Data Collection**

- Completed annually
- Includes Ethnic and Racial Data

# **Grievance Procedures**

- Documents kept in accessible location
- Move complaint forward in a timely manner (3 days)

# Training

- Must include Civil Rights to all people involved with food service
- Required prior to start of any program duties
- Performed annually and as needed for new staff
- Documented and filed in appropriate folder

### **Monitor Reviews**

- Only necessary for sponsors with multiple sites
- Completed within first 4 weeks of participation in the program
- Must complete at least 3 per year per site
- No more than a 6 month lapse between reviews (i.e. Oct., Feb., June)
- Timing should be varied